



Sample day program for Campers

6.30 a.m. - Wake-up call

7:00 - 7:30 a.m. - Yoga

7:30 – 8:00 a.m. - Mangala Darshan

8:00 - 8:30 a.m. - Morning Walk

8:30 - 10:00 a.m. - Breakfast and get ready

10:00 - 10:30 a.m. - Class A

10:30 - 11:00 a.m. - Class B

11:00 - 11:30 p.m. - Class C

11:30 - 1:00 p.m. - Lunch

1:00 - 2:00 p.m. - Free time

2:00 - 2:30 p.m. - Activity 1

2:30 - 3:00 p.m. - Activity 2

3:00 - 4:00 p.m. - Snack

4:00 - 4:30 p.m. - Activity 3

4:30 - 5:30 p.m. - Sports

5:30 - 6:30 p.m. - Skit preparation (Counselors with their group)

6:30 - 7:30 p.m. - Dinner

7:45 - 9:00 p.m. - Camp Fire

10.00 p.m. - **Lights Out for All**