



## **Sample day program for Campers**

### **Day Camp**

- 7.30 - 8:30 a.m. - Check-in / Yoga & Mangala Darshan
- 8:30 - 9:00 a.m. - Morning Walk
- 9:00 - 10:30 a.m. - Breakfast and get ready
- 10:30 - 11:00 a.m. - Class A
- 11:00 - 11:30 p.m. - Class B
- 11:30 - 1:00 p.m. - Lunch
- 1:00 - 2:00 p.m. - Free time
- 2:00 - 3:00 p.m. - Activity 1
- 3:00 - 4:00 p.m. - Activity 2
- 4:00 - 4:30 p.m. - Snack
- 4:30 - 5:30 p.m. - Sports
- 5:30 - 7:30 p.m. - Skit preparation (Counselors with their group)