



Sample day program for Counselors

- 7.00 a.m. - Wakeup call & Meet with your group
- 8:00 - 8:30 a.m. - Yoga & Mangala Darshan
- 8:30 - 9:00 a.m. - Morning Walk
- 9:30 - 10:30 a.m. – serve Breakfast to campers + Free time-getting ready
- 10:30 - 11:00 a.m. - Class A
- 11:00 - 11:30 p.m. - Class B
- 11:30 - 1:00 p.m. – serve Lunch to campers
- 1:00 - 2:00 p.m. - Free time
- 2:00 - 3:00 p.m. - Activity 1 class help
- 3:00 - 4:00 p.m. - Activity 2 class help
- 4:00 - 4:30 p.m. - Snack
- 4:30 - 5:30 p.m. - Sports
- 5:30 - 6:30 p.m. - Skit preparation (*Counselors with their group*)
- 6:30 - 7:30 p.m. – serve Dinner to campers
- 7:45 - 9:00 p.m. - Campfire
- 9:00 - 9:15 p.m. – Take Campers to Room
- 9:15 - 9:45pm. - Counselors + Volunteers group meeting
- 9:45 - 10:45 p.m. - Adult volunteer meeting/Counselor meeting
- 11.00 p.m. - **Lights Out for All**